



WEBINAR RESOURCE GUIDE

Public health 3.0 and the future of public health featuring Dr. Sandro Galea

June 20, 2023

Tools and Resources

- The Take Action to Improve Health and Online & On Air sections of our website help communities look at the factors influencing residents' health, select effective strategies and explore examples to advance health and health equity. The sections include:
 - *What Works for Health*: Searchable database of evidence-informed strategies, policies, programs and systems changes
 - *Webinars*: Live, monthly presentations showcasing equity-centered approaches and examples with a post-webinar discussion group. Webinars can also be viewed on demand.
 - *Podcast "In Solidarity"*: Conversations with some of our nation's brightest minds connecting power, place and health.
- Stay in touch with County Health Rankings & Roadmaps:
 - [Subscribe to our Newsletter](#)
 - [Subscribe to our podcast, In Solidarity](#)
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Discussion Group Session Resources

- The [Self-Healing Communities report](#) was commissioned by the Robert Wood Johnson Foundation and outlines a transformational process model for improving intergenerational health.
- The [Intro to the Vital Conditions for Health and Well-Being webinar](#) hosted by ReThink Health describes a set of conditions that people depend on to reach their full potential. It provides examples of how stewards from a range of sectors and settings are using the vital conditions to drive systems change.

Guidance

Public Health 3.0 is a model from the U.S. Department of Health and Human Services that serves as a blueprint for the future of public health. Public Health 3.0 recommends that public health leaders embrace the role of Chief Health Strategist, build cross-sector partnerships, pursue national accreditation, leverage actionable data and transform the public health funding model.

Dr. Sandro Galea is a physician, epidemiologist and author who aspires to change the conversation on health. Find information about his books, articles and videos at his [website](#).

County Health Rankings & Roadmaps

Building a Culture of Health, County by County

- The [Spectrum of Community Engagement to Ownership](#) charts a pathway to strengthen and transform local democracies. Thriving, diverse, equitable communities are possible through deep participation, particularly by communities commonly excluded.
- The [Ladder of Citizen Participation](#) is a widely referenced model in the field of public participation that describes how levels of citizen agency, control and power can be increased.
- CHR&R's [Engaging across differences: Constructive dialogue for civic health webinar](#) introduces the practice of bridging to facilitate belonging, inclusion and civic participation.
- CHR&R's ["In Solidarity" podcast series](#) on civic health explores the connections between civic health, individual health and the health of communities.
- The [Plain Language website](#) of the National Institutes of Health offers a variety of resources related to health literacy and language access.
- [Talila A. Lewis](#) is a community lawyer, educator and organizer whose work reveals the links between ableism, racism, classism and all forms of systemic oppression and structural inequity. Lewis was recognized as a 2015 White House Champion of Change.
- [Justice Shorter](#) is an organizer/facilitator, Disability Justice amplifier and senior advisor on issues at the intersection of race, disability, gender, climate and crises. She is a national expert on disability inclusive disaster protections, emergency management and humanitarian crises/conflicts.

Healthy Places by Design Resources

- [Healthy Places by Design](#) facilitated the post-webinar discussion group session. Their [Community Action Model](#) was developed with insights from more than a dozen years supporting successful community health initiatives and a deep understanding of the community change process.
- Follow Healthy Places by Design on Twitter [@HPlacesbyDesign](#)