Building a Culture of Health, County by County

2016 *County Health Rankings*

Georgia





INTRODUCTION

The County Health Rankings & Roadmaps program brings actionable data and strategies to communities to make it easier for people to be healthy in their homes, schools, workplaces, and neighborhoods. Ranking the health of nearly every county in the nation, the County Health Rankings illustrate what we know when it comes to what is making people sick or healthy. The Roadmaps show what we can do to create healthier places to live, learn, work, and play. The Robert Wood Johnson Foundation (RWJF) collaborates with the University of Wisconsin Population Health Institute (UWPHI) to bring this program to cities, counties, and states across the nation.

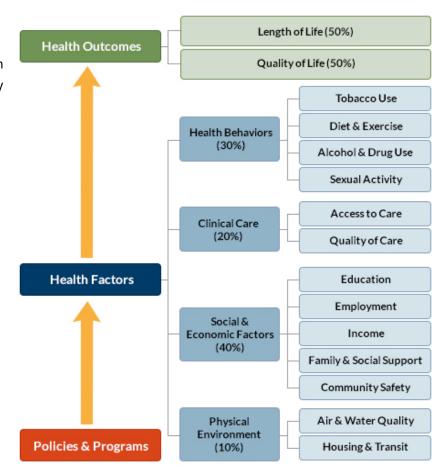
WHAT ARE THE COUNTY HEALTH RANKINGS?

Published online at **countyhealthrankings.org**, the *Rankings* help counties understand what influences how

healthy residents are and how long they will live. The Rankings are unique in their ability to measure the current overall health of nearly every county in all 50 states. They also look at a variety of measures that affect the future health of communities, such as high school graduation rates, access to healthy foods, rates of smoking, obesity, and teen births. Communities use the *Rankings* to help identify issues and opportunities for local health improvement, as well as to garner support for initiatives among government agencies, healthcare providers, community organizations, business leaders, policy makers, and the public.

DIGGING DEEPER INTO HEALTH DATA

Although we know that a range of factors are important for good health, every state has communities that lack both opportunities to shape good



health and strong policies to promote health for everyone. Some counties lag far behind others in how well and how long people live – which we refer to as a "health gap." Find out what's driving health differences across your state and what can be done to close those gaps. Visit countyhealthrankings.org/reports.

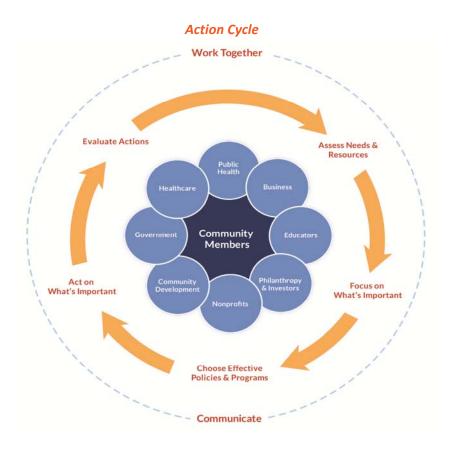
To further explore health gaps and other data sources in your community, check out the feature to <u>find</u> <u>more data</u> for your state and <u>dig deeper</u> on differences in health factors by geography or by population subgroups. Visit <u>countyhealthrankings.org/using-the-rankings-data</u>.

MOVING FROM DATA TO ACTION

Roadmaps to Health help communities bring people together to look at the many factors that influence health and opportunities to reduce health gaps, select strategies that can improve health for all, and make changes that will have a lasting impact. The Roadmaps focus on helping communities move from awareness about their county's ranking to actions designed to improve everyone's health. The Roadmaps to Health Action Center is a one-stop shop of information to help any community member or leader who wants to improve their community's health by addressing factors that we know influence health, such as education, income, and community safety.

Within the Action Center you will find:

- Online step-by-step guidance and tools to move through the **Action Cycle**
- What Works for Health a searchable database of evidence-informed policies and programs that can improve health
- Webinars featuring local community members who share their tips on how to build a healthier community
- Community coaches, located across the nation, who provide customized consultation to local leaders who request guidance in how to accelerate their efforts to improve health. You can contact a coach by activating the Get Help button at countyhealthrankings.org



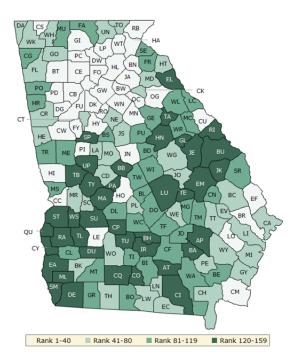
HOW CAN YOU GET INVOLVED?

You might want to contact your local affiliate of United Way Worldwide, the National Association of Counties, Local Initiatives Support Corporation (LISC), or Neighborworks-their national parent organizations have partnered with us to raise awareness and stimulate action to improve health in their local members' communities. By connecting with other leaders interested in improving health, you can make a difference in your community. In communities large and small, people from all walks of life are taking ownership and action to improve health. Visit countyhealthrankings.org to get ideas and guidance on how you can take action in your community. Working with others, you can improve the health of your community.

HOW DO COUNTIES RANK FOR HEALTH OUTCOMES?

The green map below shows the distribution of Georgia's health outcomes, based on an equal weighting of length and quality of life.

Lighter shades indicate better performance in the respective summary rankings. Detailed information on the underlying measures is available at countyhealthrankings.org.



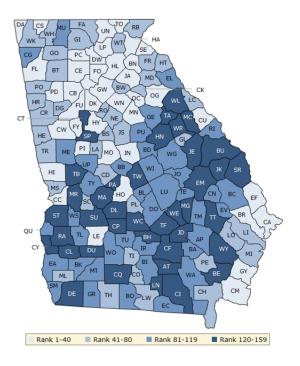
County	Rank	County	Rank	County	Rank	County	Rank
Appling	131	Dade	62	Jefferson	155	Richmond	135
Atkinson	127	Dawson	13	Jenkins	141	Rockdale	35
Bacon	123	Decatur	137	Johnson	71	Schley	75
Baker	56	DeKalb	30	Jones	32	Screven	102
Baldwin	97	Dodge	100	Lamar	68	Seminole	150
Banks	40	Dooly	94	Lanier	54	Spalding	134
Barrow	21	Dougherty	154	Laurens	125	Stephens	110
Bartow	38	Douglas	36	Lee	18	Stewart	144
Ben Hill	147	Early	156	Liberty	46	Sumter	120
Berrien	89	Echols	47	Lincoln	93	Talbot	142
Bibb	146	Effingham	22	Long	39	Taliaferro	157
Bleckley	98	Elbert	132	Lowndes	80	Tattnall	79
Brantley	101	Emanuel	148	Lumpkin	28	Taylor	130
Brooks	108	Evans	76	Macon	138	Telfair	109
Bryan	24	Fannin	84	Madison	64	Terrell	153
Bulloch	70	Fayette	3	Marion	57	Thomas	72
Burke	143	Floyd	73	McDuffie	111	Tift	85
Butts	81	Forsyth	1	McIntosh	49	Toombs	119
Calhoun	86	Franklin	107	Meriwether	117	Towns	65
Camden	16	Fulton	25	Miller	145	Treutlen	121
Candler	92	Gilmer	17	Mitchell	112	Troup	87
Carroll	58	Glascock	140	Monroe	55	Turner	133
Catoosa	12	Glynn	50	Montgomery	106	Twiggs	104
Charlton	42	Gordon	51	Morgan	27	Union	48
Chatham	44	Grady	105	Murray	91	Upson	128
Chattahoochee	29	Greene	82	Muscogee	90	Walker	69

County	Rank	County	Rank	County	Rank	County	Rank
Chattooga	99	Gwinnett	5	Newton	59	Walton	34
Cherokee	6	Habersham	19	Oconee	2	Ware	113
Clarke	52	Hall	14	Oglethorpe	11	Warren	114
Clay	158	Hancock	151	Paulding	9	Washington	67
Clayton	61	Haralson	95	Peach	122	Wayne	77
Clinch	126	Harris	4	Pickens	31	Webster	129
Cobb	7	Hart	41	Pierce	66	Wheeler	45
Coffee	96	Heard	60	Pike	26	White	23
Colquitt	136	Henry	20	Polk	118	Whitfield	43
Columbia	8	Houston	15	Pulaski	63	Wilcox	88
Cook	139	Irwin	124	Putnam	83	Wilkes	116
Coweta	10	Jackson	33	Quitman	159	Wilkinson	103
Crawford	53	Jasper	74	Rabun	37	Worth	78
Crisp	149	Jeff Davis	115	Randolph	152		

HOW DO COUNTIES RANK FOR HEALTH FACTORS?

The blue map displays Georgia's summary ranks for health factors, based on weighted scores for health behaviors, clinical care, social and economic factors, and the physical environment.

Lighter shades indicate better performance in the respective summary rankings. Detailed information on the underlying measures is available at countyhealthrankings.org



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2016 COUNTY HEALTH RANKINGS: MEASURES AND NATIONAL/STATE RESULTS

Measure	Description	US Median	State Overall	State Minimum	State Maximum
HEALTH OUTCOMES					
Premature death	Years of potential life lost before age 75 per 100,000 population	7,700	7,300	4,200	13,400
Poor or fair health	% of adults reporting fair or poor health	16%	19%	11%	34%
Poor physical health days	Average # of physically unhealthy days reported in past 30 days	3.7	3.9	3.0	6.0
Poor mental health days	Average # of mentally unhealthy days reported in past 30 days	3.7	4.0	3.2	5.3
Low birthweight	% of live births with low birthweight (< 2500 grams)	8%	9%	7%	18%
HEALTH FACTORS					
HEALTH BEHAVIORS					
Adult smoking	% of adults who are current smokers	18%	17%	13%	25%
Adult obesity	% of adults that report a BMI ≥ 30	31%	29%	22%	40%
Food environment index	Index of factors that contribute to a healthy food environment, (0-10)	7.2	6.5	1.6	8.9
Physical inactivity	% of adults aged 20 and over reporting no leisure-time physical activity	28%	25%	18%	35%
Access to exercise opportunities	% of population with adequate access to locations for physical activity	62%	75%	0%	100%
Excessive drinking	% of adults reporting binge or heavy drinking	17%	16%	9%	24%
Alcohol-impaired driving deaths	% of driving deaths with alcohol involvement	31%	24%	0%	100%
Sexually transmitted infections	# of newly diagnosed chlamydia cases per 100,000 population	287.7	514.8	35.1	985.9
Teen births	# of births per 1,000 female population ages 15-19	40	42	11	92
CLINICAL CARE					
Uninsured	% of population under age 65 without health insurance	17%	21%	14%	33%
Primary care physicians	Ratio of population to primary care physicians	1,990:1	1,540:1	1,700:0	810:1
Dentists	Ratio of population to dentists	2,590:1	2,060:1	3,260:0	230:1
Mental health providers	Ratio of population to mental health providers	1,060:1	850:1	20,940:1	310:1
Preventable hospital stays	# of hospital stays for ambulatory-care sensitive conditions per 1,000 Medicare enrollees	60	55	31	124
Diabetic monitoring	% of diabetic Medicare enrollees ages 65-75 that receive HbA1c monitoring	85%	85%	69%	93%
Mammography screening	% of female Medicare enrollees ages 67-69 that receive mammography screening	61%	62%	42%	75%
SOCIAL AND ECONOMIC FACTORS					
High school graduation	% of ninth-grade cohort that graduates in four years	86%	73%	42%	93%
Some college	% of adults ages 25-44 with some post-secondary education	56%	61%	22%	76%
Unemployment	% of population aged 16 and older unemployed but seeking work	6.0%	7.2%	5.1%	12.3%
Children in poverty	% of children under age 18 in poverty	23%	26%	8%	56%
Income inequality	Ratio of household income at the 80th percentile to income at the 20th percentile	4.4	5.0	2.7	7.3
Children in single-parent households	% of children that live in a household headed by a single parent	32%	37%	13%	74%
Social associations	# of membership associations per 10,000 population	13.0	9.0	2.3	21.9
Violent crime	# of reported violent crime offenses per 100,000 population	199	385	0	858
Injury deaths	# of deaths due to injury per 100,000 population	74	58	36	125
PHYSICAL ENVIRONMENT	A Mary Colored Barbar Services				
Air pollution – particulate matter	Average daily density of fine particulate matter in micrograms per cubic meter (PM2.5)	11.9	12.8	12.0	13.5
Drinking water violations	Indicator of the presence of health-related drinking water violations. Yes - indicates the presence of a violation, No - indicates no violation.	NA	NA	No	Yes
Severe housing problems	% of households with overcrowding, high housing costs, or lack of kitchen or plumbing facilities	14%	18%	8%	28%
Driving alone to work	% of workforce that drives alone to work	80%	79%	47%	94%
Long commute – driving alone	Among workers who commute in their car alone, % commuting > 30 minutes	29%	39%	12%	64%

2016 COUNTY HEALTH RANKINGS: DATA SOURCES AND YEARS OF DATA

	Measure	Data Source	Years of Data
HEALTH OUTCOM	MES		
Length of Life	Premature death	National Center for Health Statistics – Mortality files	2011-2013
Quality of Life	Poor or fair health	Behavioral Risk Factor Surveillance System	2014
	Poor physical health days	Behavioral Risk Factor Surveillance System	2014
	Poor mental health days	Behavioral Risk Factor Surveillance System	2014
	Low birthweight	National Center for Health Statistics – Natality files	2007-2013
HEALTH FACTOR	s		
HEALTH BEHAVIO	ORS		
Tobacco Use	Adult smoking	Behavioral Risk Factor Surveillance System	2014
Diet and	Adult obesity	CDC Diabetes Interactive Atlas	2012
Exercise	Food environment index	USDA Food Environment Atlas, Map the Meal Gap	2013
	Physical inactivity	CDC Diabetes Interactive Atlas	2012
	Access to exercise opportunities	Business Analyst, Delorme map data, ESRI, & US Census Tigerline Files	2010 & 2014
Alcohol and	Excessive drinking	Behavioral Risk Factor Surveillance System	2014
Drug Use	Alcohol-impaired driving deaths	Fatality Analysis Reporting System	2010-2014
Sexual Activity	Sexually transmitted infections	National Center for HIV/AIDS, Viral Hepatitis, STD, and TB Prevention	2013
,	Teen births	National Center for Health Statistics - Natality files	2007-2013
CLINICAL CARE			
Access to Care	Uninsured	Small Area Health Insurance Estimates	2013
	Primary care physicians	Area Health Resource File/American Medical Association	2013
	Dentists	Area Health Resource File/National Provider Identification file	2014
	Mental health providers	CMS, National Provider Identification file	2015
Quality of Care	Preventable hospital stays	Dartmouth Atlas of Health Care	2013
,	Diabetic monitoring	Dartmouth Atlas of Health Care	2013
	Mammography screening	Dartmouth Atlas of Health Care	2013
SOCIAL AND ECO	DNOMIC FACTORS		
Education	High school graduation	EDFacts	2012-2013
	Some college	American Community Survey	2010-2014
Employment	Unemployment	Bureau of Labor Statistics	2014
Income	Children in poverty	Small Area Income and Poverty Estimates	2014
	Income inequality	American Community Survey	2010-2014
Family and	Children in single-parent households	American Community Survey	2010-2014
Social Support	Social associations	County Business Patterns	2013
Community	Violent crime	Uniform Crime Reporting – FBI	2010-2012
Safety	Injury deaths	CDC WONDER mortality data	2009-2013
PHYSICAL ENVIR	<u> </u>		
Air and Water	Air pollution - particulate matter ¹	CDC WONDER environmental data	2011
Quality	Drinking water violations	Safe Drinking Water Information System	FY2013-14
Housing and	Severe housing problems	Comprehensive Housing Affordability Strategy (CHAS) data	2008-2012
Transit	Driving alone to work	American Community Survey	2010-2014
	Long commute – driving alone	American Community Survey	2010-2014
	Long commute – unving alone	Autorican Community July Cy	2010-2014

¹ Not available for AK and HI.

CREDITS

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