# VIDEO FACILITATION GUIDE

This guide offers reflection questions and tips for a facilitated conversation about a video or film.

### Where to use this tool

Consider using this guide or some of the questions included during a partnership meeting or in a classroom setting.

#### Resources Needed

- Time 15 minutes to prepare; 30 minutes (or more) for discussion
- Technology to view video as a group
- Optional: Flip charts or slides to display discussion questions

# Step 1: Prepare

- 1. Select a video to watch.
- 2. Before you share your selected video with your group, consider these questions:

What do we want participants to know and do?	How do we want participants to feel?

3. Select 1-2 questions from each section for your group to discuss after watching your selected video together.

### **Objective Questions**

Explore what participants see in the video.

- What scenes do you remember?
- Who were the characters?
- What caught your attention?
- What lines do you recall?

**Try this:** Use a round robin response to your first question to get everyone talking.

### **Reflective Questions**

Explore *how participants feel* about the video.

- What seems most critical?
- What was inspiring?
- What parts reminded you of your own experience?
- Where are you really clear? Where are you confused?
- What concerns you?
- What's most frustrating?
- What gives you hope?





# County Health Rankings & Roadmaps

**Building a Culture of Health, County by County** 

### Interpretative questions

Explore the *implications* on individuals, your work as a group, or your community.

- What is the importance of this?
- What new vantage point has this given us?
- What difference will it make?
- What questions did this raise for you?
- What insights are beginning to emerge?
- What kinds of changes will we need to make?

### **Decisional Questions**

Explore what participants will do now.

- What applications or action ideas has this session revealed for you?
- So, just what have you learned?
- What are we really committed to?
- What are the first steps we need to take?
- What will you do differently?

# Step 2: Consider

Watch your selected video together as a group. You can do this in a common location or by sharing the link with all to watch individually before you meet.

## Step 3: Discuss

Discuss your selected questions. Depending on the size and dynamic of your group, you may choose to do this as a large group or in small groups.

The frame and questions for this discussion guide are based on the Focused Conversation tool from The Institute of Cultural Affairs *ToP* © *Group Facilitation*.