



## WELCOME!

In a moment, we will put up a poll asking you which option best describes how your community is working together...

- A. Isolated silos or parallel play.
- **B.** Networking and sharing information.
- **C.** Coordinating our activities and actions.
- **D.** Cooperating with each other to get more done.
- **E.** Collaboratively planning and implementing together.





# PARTNERING WITH COMMUNITY POLICE



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May 21, 2013



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**Tanya Meeks** Officer Flint Police Department



Population Health Institute Translating Research for Policy and Practice

UNIVERSITY OF WISCONSIN





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- Our Partners
  - Including Burness Communications, Community Catalyst, United Way Worldwide, ASTHO, NACCHO, NNPHI, Dartmouth Institute, CDC, NCHS





# **GO TO WEBINAR ATTENDEE INTERFACE**

### **1**. Viewer Window



### 2. Control Panel







# OUTLINE

- County Health Rankings & Roadmaps Overview
- Community Police Partnerships in Flint, MI
- Q & A
- Roadmaps to Health Action Center Tool
- Summary & Wrap Up





## Insert poll







## **ESSENTIAL QUESTION**

How can we partner with community based organizations to improve health for all?





## County Health Rankings Logic Model







## **COUNTY HEALTH RANKINGS: 2 RANKINGS**















## **Find Health Rankings for Your State and County**



## www.countyhealthrankings.org





# County Health Rankings Logic Model















**Kirk Smith** *President & CEO* Greater Flint Health Coalition



**Tanya Meeks** *Officer* Flint Police Department







# **Greater Flint Health Coalition (GFHC)**





Established in 1996, the Greater Flint Health Coalition is a 501(c)3 non-profit health coalition – a true cross-sector partnership between Genesee County & Flint leadership, residents, and all those concerned about the well-being of our community and its residents.



# GFHC – Who is at the table?

## 33 Member Board of Directors

- CEOs from three hospital / health systems
- CEOs from county's FQHC, community mental health authority, major children's safety net provider clinics
- Physician & medical society leadership connecting to over 900 area physicians
- CEO or Vice President of the county's two largest health insurers
- City of Flint Mayor
- Genesee County Commissioner
- Other local elected officials (e.g. State Senator) and policymakers
- Health Officer of the county's Health Department
- Director of county's Department of Human Services
- Superintendent of county intermediate school district agency, representing 21 public school districts and 11 charter schools
- Local college Presidents
- Major business leaders (e.g. General Motors, the United Auto Workers)
- Regional Chamber of Commerce leadership to connect with small & mid-size businesses
- Faith-based & grassroots community leadership
- In addition, we convene ~20 "coalitions within the coalition," constituting over 300 committee or task force members from over 100 community and institutional bodies





# GFHC – Overview, Structure, & Goals

# Mission

- Improve the health status of our citizens
- Improve the quality and cost effectiveness of the health care system in our community

# <u>Vision</u>

 A healthy Genesee County community practicing healthy lifestyles with access to the best and most effective health and medical care

# Focus Areas of our Collaboration

- Health Improvement
- Access & Environment
- Quality & Innovation
- Cost
- Sector Workforce Development
- Racial Disparities & Health Equity





### **Greater Flint Health Coalition 2020 Strategic Business Plan**

### "COLLECTIVE IMPACT ROAD MAP TO IMPROVED HEALTH STATUS IN GENESEE COUNTY/FLINT"

#### FOCUS AREAS

#### GOALS & STRATEGIES

### HEALTH IMPROVEMENT

- Promote and advocate for policies and practices at multiple levels of society that engage our community's residents in healthy behaviors
- Encourage and support the adoption of healthy lifestyles by all residents
- Emphasize the utilization of shared prevention strategies that promote healthy lifestyles



- Promote and advocate for policies and practices that positively affect universal access to health care for residents
- Support a culture of practices and use of community services that reduces barriers to care for county residents
- Encourage the creation of social and physical environments that promote good health for all

### QUALITY & INNOVATION

- Promote shared policies and practices that continuously improve the quality of health care delivery and the patient's experience
- Encourage and support the adoption of safe, evidence-based, best-practice guidelines for treatments in all areas, with an emphasis on the ten major chronic disease areas in the community
- Promote collaboration and innovation in health care

### COST & RESOURCE PLANNING

- Promote policies and practices that result in our community's total healthcare resources being used effectively and efficiently
- Encourage the alignment of preventive health services
- Improve system and service level costs so that they compare favorably with benchmark costs in comparison communities
- Ensure collaborative financial and personnel resources are directed in a manner that maximizes efficiency and reduces duplication

### We will collectively measure and report our progress using the following metrics:

#### MEASURABLE COLLECTIVE IMPACT

- % of residents reporting the practice of a sedentary lifestyle
- % of residents practicing recommended levels of physical activity per week
- % of adults who are either obese or overweight
- % of children who are either obese or overweight
- % of residents who report tobacco use
- # of residents, businesses, schools, and churches annually participating in Commit to Fit! programming

- % of residents with health care coverage of a basic and essential nature
- % of insured individuals who report having unmet medical needs in the last 12 months
- % of children covered by insurance receiving covered preventive services
- # emergency department visits annually for ambulatory sensitive indicators
- % of adults with unmet mental health needs

- · Rate of mortality from diabetes
- Rate of mortality from cardiovascular disease
- Rate of infant mortality in the community with a focus on the persistent racial disparity
- % of residents reporting
   depression
- # of residents with documented advance care directives available in their patient medical record
- % of child immunization rate

- % avoidable emergency department visits and readmissions annually
- # of providers achieving meaningful use of electronic health records annually
- Annual survey measures of shared use of preventive health service strategies such as Commit to Fit!
- Annual survey measures of levels of collaborative alignment in the areas of health improvement, access to care, and quality of care



# **GFHC County Health Rankings Action Plan**





## Flint's History with Community Policing

- Flint was one of the pioneers of community policing specifically police foot patrols – and at one time the city had a very strong network of community organizations consisting of block clubs, crime watch and neighborhood associations. Ministation officers were responsible for serving as the police department's liaison to these community organizations, addressing crime and issues of social disorder which brought concern to residents.
- When the police department was restructured in the 1980s with a focus on vehicular patrols, the activity of the neighborhood groups diminished. When police resources began to shrink ministation officers were reassigned to patrol.



## What is Flint Blue Badge?

- Today, the Blue Badge Volunteer Corps has become Flint's umbrella initiative for recruiting and engaging a corps of citizen volunteers to improve public safety, fight crime, and re-assert control over public space in Flint neighborhoods.
- Blue-badge volunteers collaborate to improve public safety in a number of ways:
  - Blue Badge Service Center Volunteers
  - Police Volunteers
  - Neighborhood-based Volunteers
  - Crime Prevention Through Environmental Design (CPTED)





## Flint Blue Badge

- Blue Badge Service Center
   Volunteers
  - Support community policing by assisting at Flint mini-stations
  - Serve as neighborhood accessible locations for residents seeking crime prevention information or to get assistance using the Online Citizens Police Reporting system (COPLOGIC)



### - Police Volunteers

 After completing six module training course, assist police with large events and other community relation services





## Flint Blue Badge

### <u>Neighborhood-based Volunteers</u>

- Collaborate on neighborhood revitalization efforts such as vacant lot clean up, graffiti removal, tree planting, and community garden development
- Operate neighborhood watches
- Participate in Volunteer Blight Elimination Service Teams
- Includes block clubs, neighborhood associations, faith-based groups, service clubs, etc.

# <u>Crime Prevention Through Environmental</u> <u>Design</u>

- Emphasizes proper design and effective use of the built environment, which can lead to a reduction in the incidence and fear of crime as well as improvements in the quality of life
- Engages community, homeowners, planners, and developers
- Focus on 1) Natural surveillance; 2) Territorial reinforcement; 3) Natural Access Control; and 4) Maintenance





### **Block Club Locations**



### **DEMOGRAPHICS – Social Determinants of Health**

## **City of Flint Crime Rates**

COALITION



- Violent Crime Rate remains significantly higher than State and National Averages
- In 2010-2012, 1 out of every 585 Flint residents was the victim of a homicide

### **DEMOGRAPHICS – Social Determinants of Health**

## **City of Flint Crime Rates**





The number of crimes (violent crimes & property crimes) per square mile is over 600% higher in the City of Flint than the State or Nation

## **Created Health & Safety Mini-Grant Program**

### HEALTH & SAFETY MINI-GRANT PROGRAM

 Designed to increase community-based safety initiatives that have a positive impact on the health of local residents

Program funded 10 applicants to complete community-based projects that

improved lighting, supported neighborhood crime watch groups, aided

community beautification projects, created a community garden, and

 Kick-off event was attended by over 70 community members representing neighborhood groups, block clubs, local associations, civic groups, and non-profit organizations

improved neighborhood parks











## HEALTH & SAFETY MINI-GRANT PROJECT OUTCOME SAMPLES











## HEALTH & SAFETY MINI-GRANT PROJECT OUTCOME SAMPLES



### **BEFORE**





**AFTER** 

**BEFORE** 

AFTER





### **GFHC HEALTH & SAFETY MINI-GRANT PROJECTS**



### **BEFORE**







**BEFORE** 









## What's Next...





# **GFHC – Lessons Learned**

- Collaborative action starts with being organized and developing a plan with measurable outcomes
- Emphasis on "Collective Impact" as our strategy to improve the community's health status:
  - 1)Common Agenda a shared vision for change among the participants
  - 2) Shared Measurement Systems agreement on ways to measure and report progress
  - **3)Mutually Reinforcing Activities** alignment so different participants are doing different activities that <u>in sum</u> support the common goals
  - 4) Continuous Communication regular meetings and conversations are necessary to build trust and understanding
  - 5) Backbone Support Organization a separate organization and staff to <u>support the collective effort</u> and serve as the backbone for the initiative







County Health Rankings & Roadmaps A Healthier Nation, County by County





## QUESTIONS





### What Can I Do?

There are many things you can do to improve health in your community. Make this your first stop after looking at your *Rankings* data. Get guidance and tools to help you work together with others to make your community a healthier place to live, learn, work and play.



## www.countyhealthrankings.org/roadmaps





## **What Works For Health**

*What Works for Health* provides communities with information to help select and implement evidenceinformed policies, programs, and system changes that will improve the variety of factors we know affect health.

WANT TO LEARN MORE? - View our 4 minute What Works for Health Tutorial.

To learn more about strategies that could work in your community, select a health factor of interest (the light blue boxes on the far right) in the model below.



### www.countyhealthrankings.org/roadmaps/what-works-for-health





### Using What Works for Health

**Our Ratings** 

**Our Methods** 

**Our Sources** 

Choosing Your Strategy



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County Health Rankings model ©2012 UN/PHI



### County Health Rankings & Roadmaps A Healthier Nation, County by County



### Keyword Search crime GO

#### Health Factors

Social and Economic Factors

Community Safety (11)

Education (3)

Family and Social Support (3)

Physical Environment

Built Environment (4)

### Decision Makers

Community Leaders (9) Healthcare Professionals and Advocates (2) Public Health Professionals and Advocates (2) Government Officials (18) Employers and Businesses (2) Educators (5)

### Evidence Rating

Scientifically Supported (10) Some Evidence (4) Expert Opinion (2) Insufficient Evidence (1) Mixed Evidence (1) Evidence of Ineffectiveness (1)

### 19 Policies & Programs found matching "crime".

Policies and programs that can improve health

#### Focused deterrence strategies (i.e., Pulling levers)

**Community Safety** 

Scientifically Supported

Agencies using focused deterrence strategies (i.e., pulling levers) unite to target a particular crime. Program implementers research typical...

Neighborhood watch Community Safety

Scientifically Supported

Residents participating in neighborhood watches report suspicious or potentially criminal behavior to police or a neighborhood coordinator. Residents...

#### Cognitive-behavioral therapy (CBT): recidivism

Community Safety Scientifically Supported Cognitive-behavioral therapy (CBT) helps clients discover and change the thought processes that lead to maladaptive behavior (Wilson DB, Bouffard LA...

#### Housing Choice Voucher Program (Section 8)

Family and Social Support Scientifically Supported Under Section 8, eligible low and very low income families are awarded vouchers to help cover the costs of rental housing. Residents pay 30-40% of...

#### Comprehensive early childhood development programs

Education, Community Safety Scientifically Supported Comprehensive early childhood development programs (CECDPs) are programs to enhance the cognitive and social development of low income children prior...

#### Multidimensional Treatment Foster Care

Community Safety Scientifically Supported
In Multidimensional Treatment Foster Care (MTFC), severely delinquent youth join foster families...

37





### **Neighborhood Watch**

### **Evidence Rating**

Scientifically Supported

#### **Health Factors**

**Community Safety** 

#### **Decision Makers**

Government Officials Community Leaders Residents participating in neighborhood watches report suspicious or potentially criminal behavior to police or a neighborhood coordinator. Residents also interact and work together to solve problems. Some neighborhood watches conduct security surveys and encourage residents to mark their property with personal identifiers. Watches are typically led by a block organizer who serves as the liaison with local police (Campbell-Bennett 2008).

#### **Expected Beneficial Outcomes**

Decreased crime

#### Evidence of Effectiveness

There is strong evidence that neighborhood watches reduce crime. Watches have been shown to reduce crime between 16 and 26 percent (Campbell-Bennett 2008).

One study suggests that defaced or visibly aged neighborhood watch signs increase residents' fear of victimization more than intact signs do in low income neighborhoods (Schultz 2009). However, additional study is needed to discern which neighborhood watch practices most effectively reduce crime (Campbell-Bennett 2008).

#### Impact on Disparities

No impact on disparities likely

#### **Implementation Examples**

Estimates suggest that over 40% of Americans lived in areas covered by neighborhood watches in 2008 (Campbell-Bennett 2008).

#### Implementation Resources

USAonWatch - USAonWatch.org.

#### +Citations - Evidence

#### +Citations - Implementation Examples

Last Reviewed

Feb 19, 2013

### **Related Policies & Programs**

**Functional Family** 

Therapy (FFT)

Youth programs to prevent intimate partner violence Mentoring programs to reduce delinguency





## **2013 WEBINAR SERIES**







Breaking Down the *Rankings Model* Series

### Partnership Series

### **Take Action Series**

Register for upcoming webinars and find recordings at <u>www.countyhealthrankings.org/webinars</u>







## **ESSENTIAL QUESTION**

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## **CONTACT INFORMATION**



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# **STAYING CONNECTED**





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*"If you have knowledge, let others light their candles in it."* 

- Margaret Fuller