

## County Health Rankings & Roadmaps

Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program

# 5BYAGE5

*Preparing children for success*

[countyhealthrankings.org](http://countyhealthrankings.org)



Support  
provided by

Robert Wood Johnson  
Foundation



## County Health Rankings & Roadmaps

Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program



County Health Rankings & Roadmaps is a collaboration between the Robert Wood Johnson Foundation and the University of Wisconsin Population Health Institute.

[countyhealthrankings.org](http://countyhealthrankings.org)

## YOUR PRESENTERS AND FACILITATORS



**Ali Havrilla**  
Community Coach



**Toni Lewis**  
Community Coach



**Tina Mosley**  
Our Community



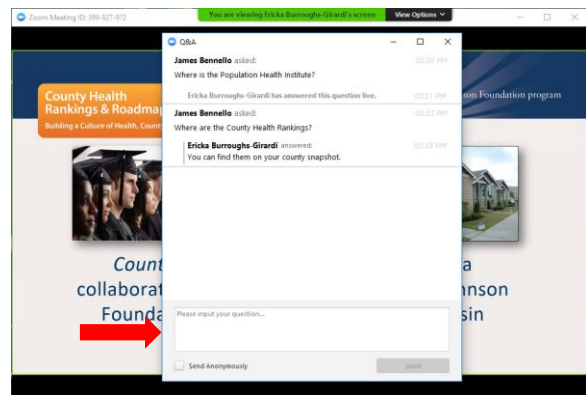
**Mike Sorth**  
Collective Impact Network

## ASKING A QUESTION IN ZOOM WEBINAR

### Viewer Window

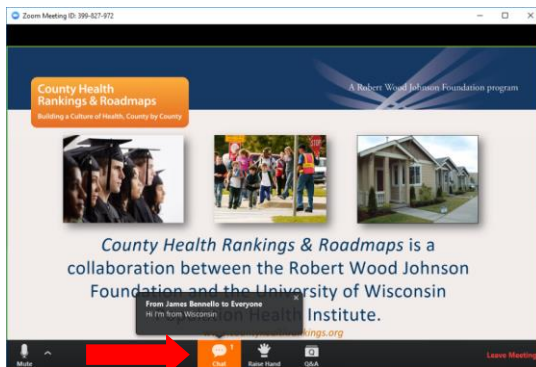


### Question Box



## CHATTING IN ZOOM WEBINAR

### Viewer Window



### Chat Box



## LEARNING OUTCOMES FOR TODAY

- ▶ Understand one example of a community's journey to improving health outcomes and increasing health equity.
- ▶ Learn how you can use County Health Rankings & Roadmaps to access data, evidence and guidance to support your local change efforts.
- ▶ Hear what questions are emerging around preparing children for success.



## WHY WE DO WHAT WE DO

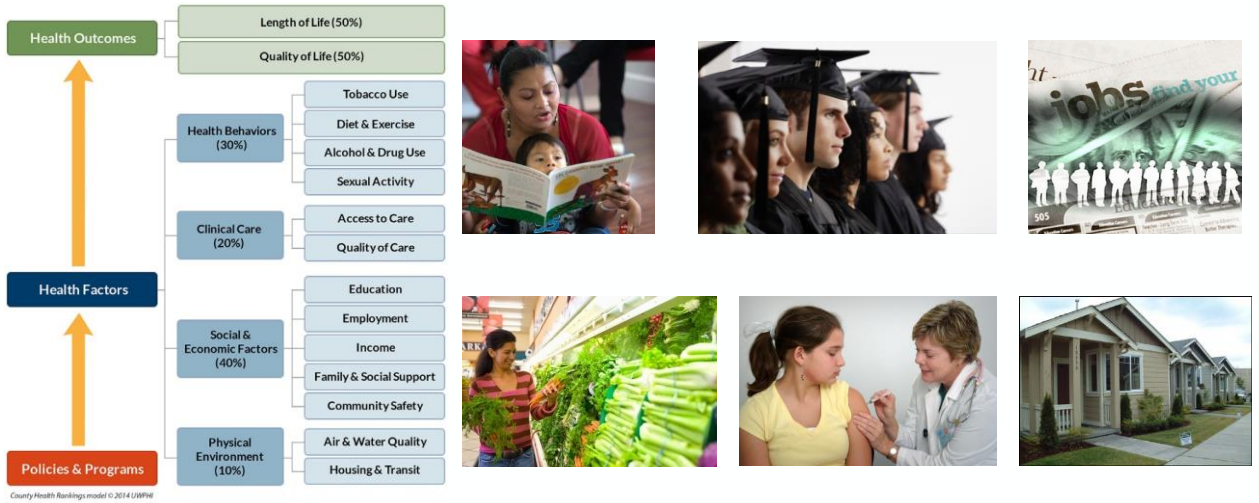
Improve Health Outcomes



## WHY WE DO WHAT WE DO

Increase Health Equity





## HOW WE SUPPORT COMMUNITIES



## LET'S HEAR FROM YOU...

## STORIES: 24:1 COMMUNITY, MISSOURI

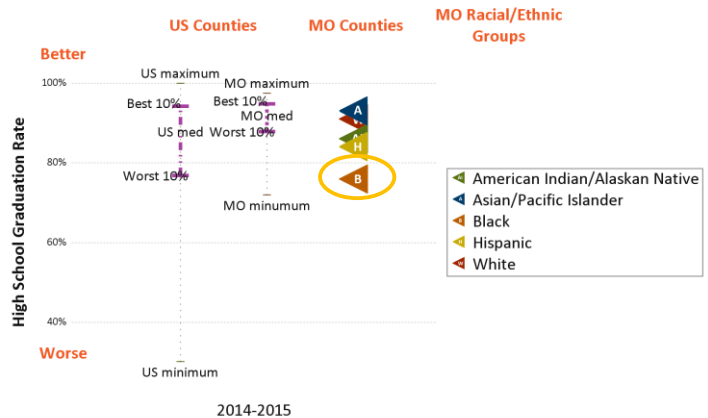
- ▶ Economic growth
- ▶ Engaging Leaders
- ▶ Righting Schools
- ▶ Affordable Housing
- ▶ Early Childhood



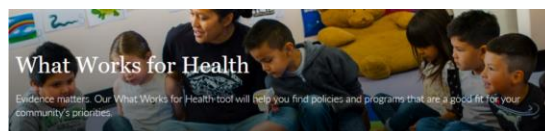
## DATA: WHERE DOES IT LEAD US?

- ▶ High school graduation rates are worst among Black youth.
- ▶ Improving education outcomes is a strategy to advance health equity in communities.

High School Graduation Rate among US and MO Counties, and by Race/Ethnicity in MO



## EVIDENCE: WHAT WORKS



Find Strategies by Topic

Health Behaviors	Clinical Care	Social & Economic Factors	Physical Environment
<ul style="list-style-type: none"> <li>1 Alcohol and Drug Use</li> <li>2 Diet and Exercise</li> <li>3 Sexual Activity</li> <li>4 Tobacco Use</li> </ul>	<ul style="list-style-type: none"> <li>1 Access to Care</li> <li>2 Quality of Care</li> </ul>	<ul style="list-style-type: none"> <li>1 Community Safety</li> <li>2 Education</li> <li>3 Employment</li> <li>4 Family and Social Support</li> <li>5 Income</li> </ul>	<ul style="list-style-type: none"> <li>1 Air and Water Quality</li> <li>2 Housing and Transit</li> </ul>

Search all strategies by keyword

## EVIDENCE: WHAT WORKS

### Parents as Teachers (PAT)



Health Factors  
Education

Decision Makers  
Funders  
Government  
Public Health  
Community Members

Parents as Teachers (PAT) is a voluntary early childhood parent education and family support program that begins at or before birth and continues until kindergarten (RAND-Karoly 2005). Educators visit parents' homes to teach them about early childhood development and promote effective parenting strategies (SAMHSA-NREPP). The program also includes developmental screenings of children, parent group meetings, and a resource network that links families with community resources (RAND-Karoly 2005).

#### Expected Beneficial Outcomes (Rated)

- Improved cognitive skills
- Increased school readiness
- Improved child development

#### Other Potential Beneficial Outcomes

- Improved parenting
- Increased health literacy

#### Evidence of Effectiveness

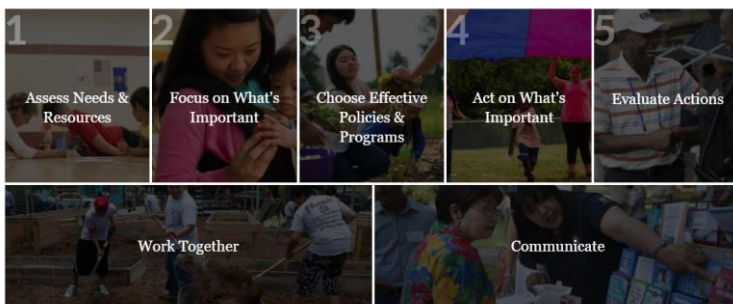
There is some evidence that Parents as Teachers (PAT) improves cognitive skills and school readiness among children from families with low incomes (PPN, SAMHSA-NREPP, Welsh 2014, YG-PAT). PAT can also have positive effects on child development (Avellar 2013). Additional evidence is needed to confirm effects.



## GUIDANCE: ACTION CENTER

### Steps to Move Your Community Forward

The steps below provide a path to help your community move with data to action. In each you will find key activities and suggested tools to guide your progress. Keep in mind: action isn't always linear. Revisit these steps to find the right resources when you need them.



- ▶ Step-by-step guidance and tools
- ▶ Seven Action Steps
- ▶ Key Activities and suggested tools to guide your progress

★ **TIP:** Set the Action Center as a favorite in your browser. Come back often to find the right resources when you need them.



## WHO TO WORK WITH: PARTNER CENTER

What roles do you play in your community?  
Who do you want to partner with?

Think about the people in your community who make positive changes happen. Call them leaders, changemakers, or stakeholders - these are the people with whom you want to partner. This section is all about joining with others to make lasting change in your community.



► Provides guidance around:

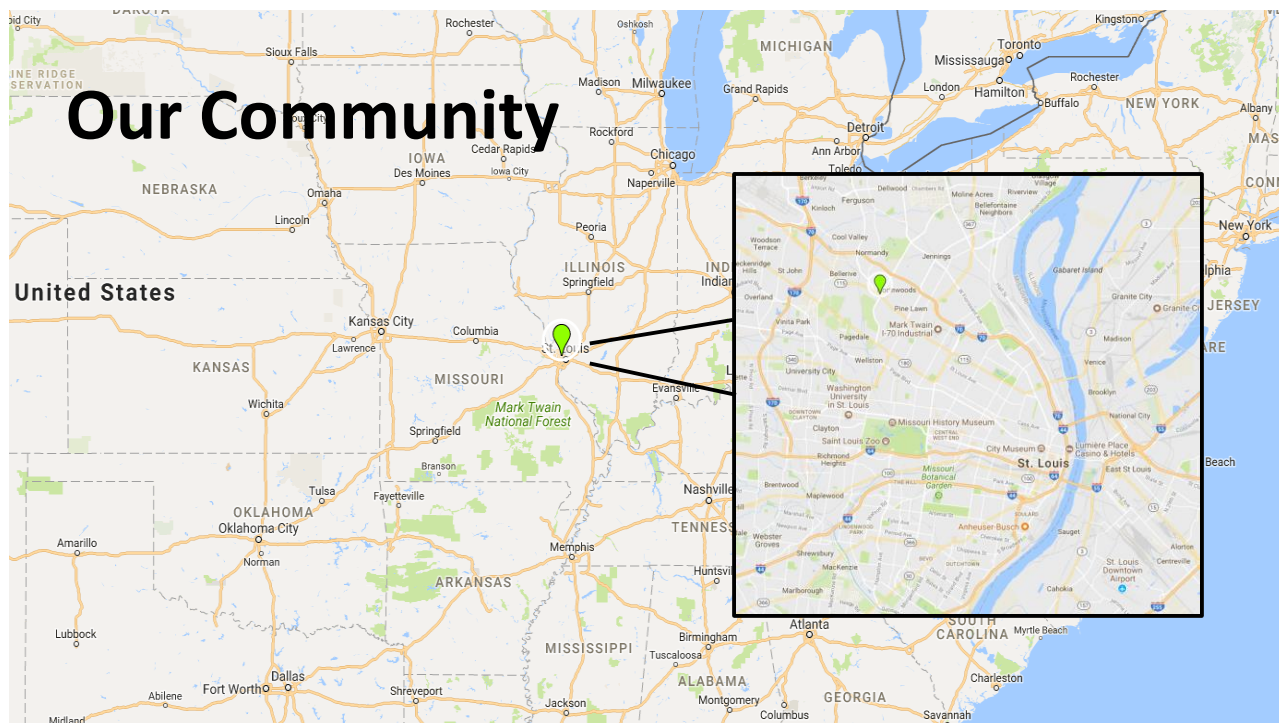
- Why different sectors might care about creating healthy communities
- What they can do
- How to engage them

★ **TIP:** If you don't see yourself in any of the sectors listed in the Partner Center, start with Community Members.

## 5BYAGE5 INITIATIVE

Michael Sorth, Collective Impact Network  
Tina Mosley, Our Daycare & Learning Center





County Health  
Rankings & Roadmaps

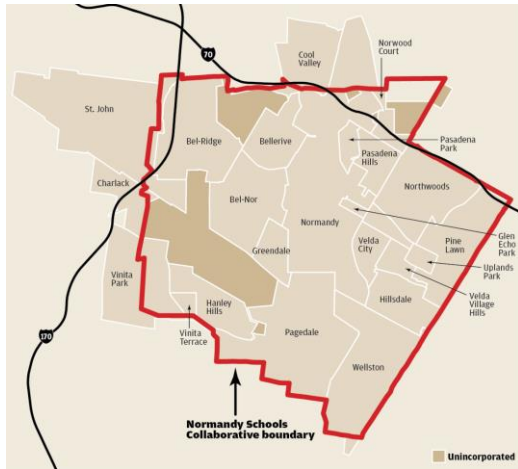
Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program

## GLOSSARY OF TERMS

<b>24:1</b>	24 municipalities that make up the Normandy School District.
<b>Normandy Schools Collaborative</b>	The school district is known as the Normandy Schools Collaborative.
<b>St. Louis County</b>	The most populated county of the region.
<b>Beyond Housing</b>	Community development agency that began our work.
<b>5byAge5</b>	The name of our early childhood collective impact project.
<b>PAQ</b>	Programs Achieving Quality. Quality program for early childhood centers.

## OUR COMMUNITY



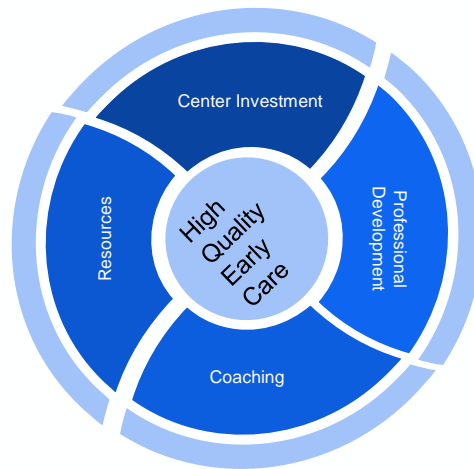
## 5<sup>by</sup>Age5

### FIVE KEY AREAS OF KINDERGARTEN READINESS:

1. Access to quality early learning
2. Developmental screening and connection to services
3. Access to healthcare services
4. Parenting skills
5. Community support



## OVERVIEW: PROGRAMS ACHIEVING QUALITY (PAQ)

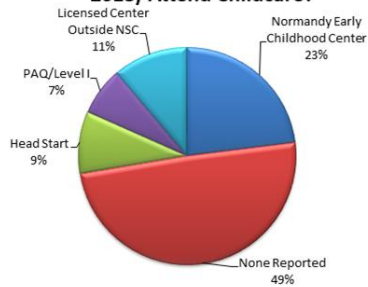


## IMPLEMENTATION OF PAQ

Level of Engagement	Description
Level 1	Connection to professional development opportunities.
Level 2	Focus on achieving quality improvement goals.
Level 3	Access to grant funding for capital improvements.
Level 4	Application to Missouri Accreditation and access to funds to cover application costs.

## 24:1 EARLY CHILDHOOD LEARNING CENTER

Where Did Normandy Kindergarteners (2017-2018) Attend Childcare?



Let's hear from you...

How is your organization or  
community investing in early  
childhood initiatives?



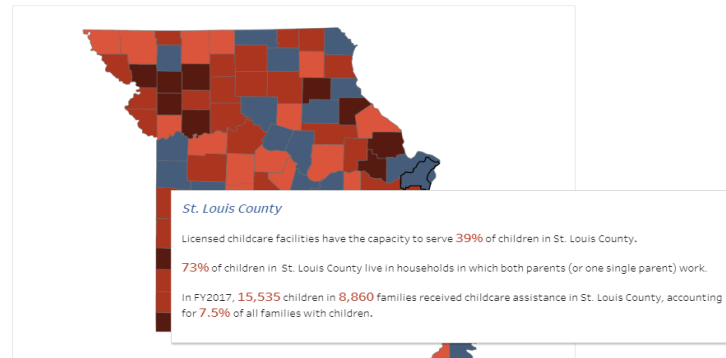
## 24:1 ECLC & BUILDING TRUST

*Licensed childcare facilities have the capacity to serve fewer than 1 in 3 Missouri children under age 5\**

\*Licensed child care capacity in each county is defined as the total number of childcare slots at licensed facilities (childcare centers and family homes) for children under age five as a percent of the actual number of children under age five in each county.

Licensed Childcare Capacity

- <15%
- 15%-24%
- 25%-32%
- >33%



## 5byAge5 Partners

Asthma & Allergy Foundation, St. Louis Chapter  
 Belle Children's Services of St. Louis Arc  
 Bethany Christian Services  
 Beyond Housing  
 Delta Gamma Center for Children with Visual Impairments  
 Epworth Children & Family Services  
 FamilyForward  
 First Steps/AWS USA  
 Generate Health  
 Helping Hand Me Downs  
 LUME Institute/Child Care Aware of Eastern Missouri  
 Lutheran Family and Children's Services  
 Miriam Learning Center  
 Missouri History Museum  
 Nine Network

Normandy Schools Collaborative  
 Nurses for Newborns  
 Our Little Haven  
 Our Daycare  
 Parents as Teachers  
 Project LAUNCH  
 Ready Readers  
 Special School District  
 St. Louis Regional Early Childhood Council  
 St. Louis County Department of Public Health  
 St. Louis County Library  
 UMSL College of Education  
 United 4 Children  
 Washington University Program in Occupational Therapy  
 Youth in Need  
 YWCA Head Start/Early Head Start

## 5BYAGE5 IN ACTION



Nurses for Newborns



Parents as Teachers



Belle Children's Services of St.  
Louis Arc & FamilyForward

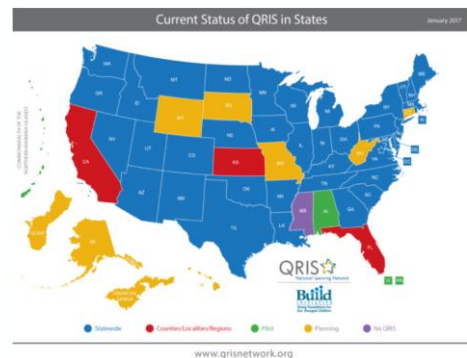
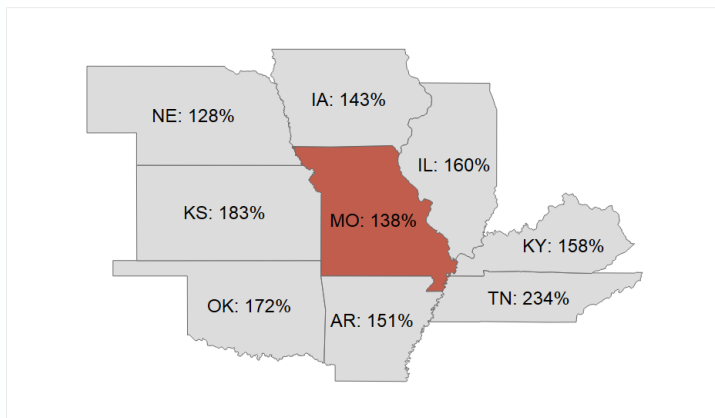


Delta Gamma Center

## POLICY LANDSCAPE IN MISSOURI

*Eligibility for Child Care Assistance in Missouri is Below the National Average of 180% FPL, Below Most Neighboring States*

Data source: National Women's Law Center. (2017) Persistent Gaps: State Child Care Assistance Policies 2017



# So what can you do in your communities?



County Health  
Rankings & Roadmaps  
Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program

## WHAT DO YOU THINK...

---



[This Photo](#) by Unknown Author is licensed under [CC BY-SA](#)

# Questions?

*Let's hear from you...*

## DISCUSSION GROUP: 5BYAGE5

- ▶ **When:** Tuesday, May 1<sup>st</sup> 3-4 PM ET
- ▶ **Why:** deepen the webinar learning, allow further exploration
- ▶ **What:** interactive learning experience, opportunity to share ideas and ask questions
- ▶ **How:** videoconference and/or phone
- ▶ **Who:** YOU! (Space is limited)





## STAY CONNECTED WITH US...



[Facebook.com/CountyHealthRankings](https://www.facebook.com/CountyHealthRankings)



Follow [@CHRankings](https://twitter.com/CHRankings)



Sign up for our [e-newsletter](#)

## UPCOMING WEBINAR



**Going *All In* to improve  
health through multi-sector  
collaboration and systematic  
data sharing**

**May 15<sup>th</sup> 3PM ET**

**Register Today!**



**THANK YOU!**

[www.countyhealthrankings.org](http://www.countyhealthrankings.org)