WEBINAR RESOURCE GUIDE

Taking a local health and equity approach to climate change

December 12, 2023

CHR&R Tools and Resources

- **Explore our website:**
  - *What Works for Health*: Searchable database of evidence-informed strategies, policies, programs and systems changes.
  - *"In Solidarity“ Podcast*: Conversations with some of our nation’s brightest minds connecting power, place and health.

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Guest Resources

Dr. Vivek Shandas, professor, Portland State University

The *Sustaining Urban Places Research Lab* at Portland State University fosters collaboration, interdisciplinary research and community engagement on topics such as healthy urban futures, social/environmental justice and climate resilience.

This paper, which Shandas co-authored, is based on a study of 108 urban areas and the effects of historical housing policies on resident exposure to intra-urban heat.

Shandas also co-authored *Portland’s Response to the Western North American Heatwave*, which describes primary prevention of heat exposure.

Guidance

Check out this What Works for Health curated list of evidence-informed climate change strategies to help communities reduce greenhouse gas emissions and mitigate the effects of climate change.

Learn how and why climate change disproportionately affects different populations, according to the American Public Health Association.

Check out this review of federal policies that contribute to racial and ethnic health inequities from a National Academies committee.

Read “Collaborating for Climate Equity,” co-authored by Dr. Vivek Shandas. The book explores building urban resilience to climate change through an equity-centered approach to cross-sectoral collaboration.
The Climate Centre’s Understanding the Compound Risk of Heat, Humidity and Air Pollution on Human Health reviews academic literature to better understand the compound risk of heat, humidity and air pollution on human health.

This article in Nature, Climate Change is Also a Health Crisis, includes graphics to explain the crisis.

“The Heat Will Kill You First: Life and Death on a Scorched Planet,” from journalist Jeff Goodell, exposes a new understanding of heat and the impact that rising temperatures have on our lives and our planet.

Discussion Group Resources

Better Rentals, Better City: Smart policies to improve your city’s rental housing energy performance outlines Boulder, Colorado’s, approach to mandating energy efficiency in rental housing as an obligation for landlords.

The Medical Society Consortium on Climate and Health organizes major medical societies and their members to promote health and equity in climate policy.

The Portland Clean Energy Community Benefits Fund is an example of a community-focused funding effort that creates green jobs, funds improvements to homes through renewable energy and energy efficiency investments, and supports local businesses.

Healthy Places by Design (HPbD)

Healthy Places by Design facilitated the post-webinar discussion group. Its Community Action Model was developed with insights from more than a dozen years supporting successful community health initiatives and a deep understanding of the community change process.

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