WEBINAR RESOURCE GUIDE

Immigration policy and health: Building understanding and solidarity

January 20, 2026

CHR&R Tools and Resources

- **Explore our website:**
  What Works for Health: Searchable database of evidence-informed strategies. Explore our new AI-powered tool, Evi, to assist your search.
  Webinars: Live, monthly presentations showcasing equity-centered approaches and examples with a post-webinar discussion group. Available on demand.
  Narratives for Health: Guidelines and resources for shifting narratives and ways to support narrative change in your community.
- **Stay in touch:**
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Guest Resources

Elizabeth Aranda, director of the Im/migrant Well-Being Research Center, University of South Florida

Im/migrant Lives podcast episodes.

Im/migrant Well-Being Research Center reports.

Practitioner guides on trauma-informed care from the National Child Traumatic Stress Network.

Ivy Suriyopas, vice president of programs, Grantmakers Concerned with Immigrants and Refugees

Grantmakers Concerned with Immigrants and Refugees'(GCIR) timeline project examining the history of migration:

- Timeline: Citizenship in the United States
- Timeline: US Intervention and Modern Migration in the Americas
- Destination Detroit: A Timeline of Black, African, Arab, Middle Eastern, Muslim, and South Asian Migration

Guidance

CHR&R's new model for health can help support community exploration of the connections between immigration and health. Several measures highlight resources or services that would support migrants move into safety as they relocate. These include, measures related to safe and affordable housing, income inequality, and residential segregation.

CHR&R also provides measures related to social connectedness, such as feelings of loneliness and disconnected youth.

Evidence-informed strategies to address immigrant and migrant health are also included in CHR&R's What Works for Health database, such as legal support for tenants in eviction proceedings and health insurance enrollment outreach and support.

GCIR's Public Policy Agenda outlining the organization's policy principals and priorities.

Amplify series, featuring interviews between GCIR's president and movement leaders.

Discussion Group Resources

What to do if immigration comes to your workplace from the National Employment Law Project and National Immigration Law Center in English and Spanish.

Tips about answering kids' questions about community violence from Sesame Street in English and Spanish.

Healthy Places by Design (HPbD)

Healthy Places by Design facilitated the post-webinar discussion group. Its Community Action Model was developed with insights from more than a dozen years supporting successful community health initiatives and a deep understanding of the community change process.

Stay in touch:
- Follow HPbD on LinkedIn
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