Building a Culture of Health, County by County

A Robert Wood Johnson Foundation program



Webinar & Discussion Date: February 16, 2021

Working Toward Food Security Through Community Engagement County Health Rankings & Roadmaps Tools & Resources

- Check out our <u>recordings and PDF of slides</u> available for all webinars. Please consider sharing with a colleague!
- <u>State Reports</u>: Find out more about health equity in your state.
- <u>Explore Health Rankings</u>: The annual Rankings provide a revealing snapshot of how health is influenced by where we live, learn, work, and play. Find and use your county data, read our reports, and learn more what and why we rank.
- <u>Take Action to Improve Health</u>: Find strategies that we know work, guidance for setting a plan in motion, and resources to help you partner with others.
 - <u>Action Learning Guides</u>: Blend guidance, tools, and hands-on activities. Our series on understanding and using data is a great place to start.
 - <u>Partner Center</u>: Find guidance and resources to help you identify and engage the right partners.
 - <u>Action Center</u>: Explore step-by-step guidance and tools to help you move with data to action.
- <u>Learn from Others:</u> Sharing the stories of others ignites possibilities and inspires action. Find out about upcoming webinars, learn more about the RWJF Culture of Health Prize, and check out community highlights.
- <u>What Works for Health</u>: Explore our menu of over 400 evidence-informed policies and programs that can help make a difference in your community.
- <u>What is Health?</u> Learn about our vision of health.
- Stay in touch with County Health Rankings & Roadmaps:
 - o <u>Subscribe to our e-Newsletter</u>
 - Follow us on Twitter @CHRankings
 - o Like us on Facebook



Highlighted Guidance

Explore our <u>Partnering with Residents</u> <u>Action Learning Guide</u> which explores how to engage with residents in ways that share leadership and decisionmaking power.

Receive guidance on why different groups might care about creating a healthy community, what they can do, and how you can engage them when you visit our <u>The Partner Center</u>.

Explore <u>Strategies from What Works for</u> <u>Health</u> for policies and programs to increase access to health food options. Building a Culture of Health, County by County



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Webinar Guests and Guest Resources



Gita Rampersad (JD, MHA) is a passionate population health professional and seasoned healthcare transactional attorney with a successful history of accelerating efforts to tackle health and health care disparities; diversity, equity and inclusion; the social determinants of health and care coordination. As the Vice President of Healthcare Partnerships and Nutrition at Feeding America, Gita manages national healthcare partnerships and leads all major health and nutrition projects for the

second largest charity organization in the US. A native of Chicago and expert in place-based initiatives, partnerships and community engagement, Gita is a thought leader for organizations involved in the development of cross-sector efforts to improve health and wellbeing, promote health equity and advance policy. She holds a JD from Loyola University Chicago School of Law with a Certificate in Health Law, and a Master of Healthcare Administration from the University of Illinois School of Public Health.

For over a year, **Berenice Medina** has had the privilege of working as the Health Initiative Coordinator for The Idaho Foodbank. Raised in Nampa, Idaho, she is passionate about not just helping others, but seeing them thrive. Whether one is working in a healthcare or a community setting, she is inspired by the field of public health and its ability to promote health in unique environments. She received her graduate degree from Loma Linda University,



with a focus in health education and community health. During her free time, you can find her reading, exercising or spending time with family.

- The Idaho Food Bank <u>Hunger to Health (H2H) Strategy</u> is a comprehensive approach to address the well-being of individuals and the health of communities through access to nutritious foods.
- Feeding America's <u>Health Implications of Food Insecurity</u> highlights the negative impacts on overall health of inconsistent access to adequate amounts of nutritious food
- The Impact of Poverty, Food Insecurity, and Poor Nutrition on Health and Well-Being from the Food Research & Action Center highlights the impact of food insecurity on health.
- Feeding America's <u>From Paycheck to Pantry: Hunger in Working America</u> reveals that while many client households seeking charitable food assistance have some form of employment, they still struggle to meet their basic needs

Peer-to-Peer Resources Shared in Post-Webinar Discussion Group Session

- <u>Aunt Bertha</u> is a social care network to help people to find social services in their communities, for nonprofits to coordinate their efforts, and for customers to integrate social care into the work they already do.
- Feeding America has a <u>nationwide network of food banks</u> that secures and distributes meals through food pantries and meal programs throughout the United States.
- Grady Health System in Georgia established the Jesse Hill Market as part of its Food as Medicine program.

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- <u>Millions of Full-time Workers Rely on Federal Health Care and Food Assistance Programs</u> is a report by the United States Government Accountability Office, October 2020.
- <u>Rural Action</u> is located in the foothills of Appalachian Ohio and has a mission to build a more just economy. They do this work by focusing on the following sectors: food and agriculture, forestry, zero waste and recycling, environmental education, watershed restoration, and energy. This <u>video</u> shows how they responded to community needs during the COVID-19 pandemic.
- <u>Screen and Intervene: A Toolkit for Pediatricians to Address Food Insecurity</u> is published by the American Academy of Pediatrics and the Food Research & Action Center.
- <u>The Social Needs Screening Tool</u> from the American Academy of Family Physicians includes questions about food security and other social determinants of health.
- <u>Subsidy Tracker</u> is a national search engine for information about where corporations are receiving taxpayer assistance.
- The City of Elizabeth, New Jersey has an online <u>Transit & Food Provider Map</u> to help community members locate and access food resources.
- <u>WV Health Connection</u> is a system for patients to discover community wellness programs that are convenient and accessible. It links healthcare providers to local chronic disease prevention services and connects patients to health promotion programs.

Healthy Places by Design Resources

- <u>Healthy Places by Design</u> facilitated the post-webinar discussion group session. Their <u>Community</u> <u>Action Model</u> was developed with insights from more than a dozen years of supporting successful community health initiatives and a deep understanding of the community change process.
- Follow Healthy Places by Design on Twitter <u>@HPlacesbyDesign</u>