

Webinar Date: April 18, 2023

Engaging across differences: Constructive dialogue for civic health

County Health Rankings & Roadmaps Tools & Resources

- The Take Action to Improve Health and Online & On Air sections of our website help communities look at the factors influencing residents' health, select effective strategies, and explore real-world examples to advance health and health equity. The sections include:
 - [What Works for Health](#): Searchable database of evidence-informed strategies, policies, programs and systems changes
 - [The Action Center](#): Step-by-step guidance and tools to move from data to action
 - [Webinars](#): Live-streamed monthly presentations showcasing equity-centered approaches and real-world examples on a range of topics. Discuss learnings after the webinar in a virtual, small group setting. Webinars can also be watched on demand.
 - [Podcast "In Solidarity"](#): Conversations with some of our nation's brightest minds and bold leaders connecting power, place and health.
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Highlighted Guidance

[CDI Tools](#): Learn more about Constructive Dialogue Institute's (CDI) offerings and how you can bring their tools to your workplace to promote constructive dialogue.

[Conversation Simulator](#): This 10-min mini-course teaches you three evidence-based practices to navigate difficult conversations. And it lets you practice along the way through a simulated conversation.

[Bridge building in the context of inequality](#): In partnership with the Aspen Institute, CDI released a white paper exploring the tensions between efforts to repair intergroup relationships and efforts to correct inequitable structures, and how those tensions can be reconciled.

The 2023 [County Health Rankings & Roadmaps National Findings Report](#) focuses on the connection between civic health and thriving people and places. Civic health reflects the opportunities people have to participate in their communities.

Discussion Group Session Resources

- R.O.C.K. Mat-Su created the [Braided Stories: Building Equitable Communities for Alaska's Children & Families workshop](#) to create a safe space for the exploration and transformation of racism in the community.
- ["Unpacking 'Participation': models, meanings and practices"](#) is an article by Andrea Cornwall published in the Community Development Journal, June 2008
- The ["What is Nonviolent Communication"](#) webpage contains information and resources from the Center for Nonviolent Communications which is based on the work of Marshall Rosenberg

Healthy Places by Design Resources

- [Healthy Places by Design](#) facilitated the post-webinar discussion group session. Their [Community Action Model](#) was developed with insights from more than a dozen years of supporting successful community health initiatives and a deep understanding of the community change process.
- Follow Healthy Places by Design on Twitter [@HPlacesbyDesign](#)