EMPOWERING YOUNG PEOPLE TO CREATE CHANGE

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countyhealthrankings.org
YOUR FACILITATORS TODAY

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GROWING COMMUNITY POWER TO IMPROVE HEALTH EQUITY
YOUTH LEADERSHIP & HEALTH OUTCOMES

- Increased self-esteem
- Increased confidence
- Improved social skills
- Increased problem-solving skills
- Reduced delinquent behavior

MEET CHERYL GREEN

What does it look like to invest in youth leadership?

Associate Director Aspen Young Leaders Fellowship
The Aspen Institute
MEET KEVIN MARTIN

What can happen when we foster youth leadership.

Educator
KIPP Delta Middle School
Helena-West Helena, AR
Co-Founder, Helena-West Helena’s Racial Equity Task Force

CELINE BERNHARDT-LANIER

What happens when you create space for youth to engage other youth in social change.

High School Senior & CEO
LOG OFF Movement
LET’S RE-TWEET NOW...

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JOIN US FOR MORE DISCUSSION – TODAY!

- **When:** Immediately following the webinar
- **What:** Interactive learning experience, opportunity to share ideas and ask questions
- **How:** Videoconference and/or phone via Zoom
- **Why:** Deepen the webinar learning, allow further exploration
The Aspen Young Leaders Fellowship (AYLF) identifies, cultivates, and amplifies future generations of talent to engage in the values-based leadership essential for transforming their lives and society for the better.

AYLF is a place-based, multi-site program that nurtures a cadre of diverse youth to:

1. support degree completion;
2. prepare for workforce success; and
3. address the most compelling social, political, and scientific issues facing their communities.

Mission & Where We Work

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What AYLF does.

- Increase graduation & job placement rates
- Accelerate workforce readiness
- Diversify local talent pools
- Foster civic engagement & community impact

Intensive 1-Year Fellowship

1. Identify
2. Cultivate
3. Network

150 seminar hours with annual cohorts of 30 youth per city

4-years of support for degree completion and/or workforce readiness

Translation of fellowship learning to practice via:
- Youth facilitator training
- Advisory councils
- Program ambassadors
- Peer mentoring
- Additional internships

Paid internship builds job skills & launches community impact projects

Impact 500+ community members per city per year

Translating Fellowship Learning to Practice:
- Increase graduation & job placement rates
- Accelerate workforce readiness
- Diversify local talent pools
- Foster civic engagement & community impact

Working with Youth - Resisting Adultism

Like them

Be curious - Stand in inquiry

Listen to the silence - Sarah Lawrence-Lightfoot

Form youth - adult partnerships

Teach and learn in every situation

See everything as legitimate
Ways AYLF Cultivates Youth Leadership

1. CONNECT TALENT TO OPPORTUNITY
2. DEVELOP PASSIONS INTO PURPOSE
3. TRANSFORM VISION INTO ACTION

HELENA WEST-HELENA ARKANSAS

County Health Rankings & Roadmaps
Building a Culture of Health, County by County
KEVIN’S TIPS FOR ENGAGING YOUTH

› Allow space for their voices to be heard.
› Involve them, ensuring you accommodate their availability.
› Use social media to connect with youth.
› Link with organizations that foster youth leadership.
› Create space for youth to create solutions with limited adult facilitation.
› Listen to youth.
› Create learning opportunities.
LOG OFF’s mission

1. Promoting balanced use of technology
2. Supporting authentic human connection
3. Advocating for humanized tech

1. Awareness

- *Why* should I decrease my screen time?
- *What* is my intention?
- *Where* is my energy going off-screen?
2. Agency

Teens are...
- Using technology with more intention
- Given a platform to share their experiences

3. Emotionally Healthy & Connected

#yourRESCUEstory #RESCUEyourself
LOG OFF’s Team

LOG OFF’s Initiatives

- Wellbeing Initiative
- Character Ed
- Podcast Team
- The Female Empowerment
- LGBTQ+ Initiative
Saanvi’s Story

- Need for connection
- Shared honesty and vulnerability
- Desire for positive impact
Celine’s Tips for Cultivating Youth Leadership

• Change your mindset: become a mentor
  • Believe we are part of the solution
  • Seek to understand and learn from us
  • Remember that we learn by doing

• In your organization:
  • Create Teen Council and Advisory Groups
  • Enable youth-led initiatives and projects
  • Amplify youth leadership stories
POLL

- My understanding of how to empower youth leadership has
  - Significantly improved.
  - Moderately improved.
  - A little improved.
  - Not improved.
WE WANT TO HEAR FROM YOU!
Click the link to answer a few questions about today’s webinar

JOIN US FOR OUR UPCOMING WEBINAR!

Broadband: A Super Determinant of Health

December 14, 2021

Register at countyhealthrankings.org/webinars

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Data & Analytics Team Lead
CHR&R

Kiran Kaur Bains
President & CEO
SA2020
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THANK YOU!

Visit us at www.countyhealthrankings.org