



WEBINAR RESOURCE GUIDE

Creating communities to support healthy aging

November 19, 2024

CHR&R Tools and Resources

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Guest Resources

**Megan Wolfe, senior policy development manager,
and Karon Phillips, policy development manager,
Trust for America's Health**

[How the 10 Essential Public Health Services Align with the AFPHS 6Cs Framework for Supporting Healthy Aging](#) provides a comprehensive overview of both public health frameworks and suggestions for how public health practitioners can expand healthy aging activities. Learn more about the [Age-Friendly Public Health Systems framework](#).

The Age-Friendly Ecosystem model highlights multi-sector collaborative approaches that prioritize equity and promote policies and environments that foster healthy aging. Learn more about [the ecosystem components](#) and [map](#) that encourages collaboration across sectors.

The [AFPHS Recognition Program](#) is based on the 6Cs Framework for Creating Age-Friendly Public Health Systems. The program recognizes commitment to healthy aging at the health department, public health organization and individual level.

Mariah Hayden, executive director, New Life Village

Guidance

See the slide deck PDF for this webinar [here](#).

Explore these What Works for Health evidence-informed strategies for healthy aging:

- [Intergenerational communities](#)
- [Intergenerational mentoring and activities](#)

See the entire interview with Mariah Hayden, executive director of New Life Village, [here](#).

Explore CHR&R's [Creating Thriving Communities Through Civic Participation 2024 National Findings Report](#)



Visit [New Life Village](#) to learn more about the community's design and system of care partners.

Discussion Group Resources

[Nurturing Cogenerational Social Connections](#) is a recent webinar hosted by Healthy Places by Design that focuses on approaches to strengthen mutually beneficial and sustainable relationships between generations. Access the [recording](#) and [slides](#).

[Elder Options](#) in Florida administers state and federal programs, direct services and resources that benefit elders and caregivers.

Healthy Places by Design (HPbD)

[Healthy Places by Design](#) facilitated the post-webinar discussion group. Its [Community Action Model](#) was developed with insights from more than a dozen years supporting successful community health initiatives and a deep understanding of the community change process.

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